

## Kinesiology, Sport and Recreation

Eastern Illinois University

Charleston, Illinois 61920

**Degree Program:** BS in Kinesiology and Sports Studies--Physical Education Teacher Licensure Option K-12**Freshman Year**

<i>Fall Semester</i>				<i>SH</i>	<i>Spring Semester</i>				<i>SH</i>
ENG	1001G	College Composition I		3	ENG	1002G	College Composition II		3
CMN	1310G	Intro to Speech Communication		3	BIO	2001G	Human Physiology		4
GEN	xxxx	Gen Ed Physical Science		3-4	MAT	xxxx	Gen Ed Mathematics		3
GEN	xxxx	Gen Ed Social/Behavioral Science		3	GEN	xxxx	Gen Ed Humanities		3
GEN	xxxx	Gen Ed Humanities or Fine Arts		3	KSS	1500	KSS as a Profession		2
				15-16					15

**Sophomore Year**

<i>Fall Semester</i>				<i>SH</i>	<i>Spring Semester</i>				<i>SH</i>
KSS	2000	Technique & Practice of Teaching PE		1	KSS	2101	Technique and Theory Course		2
KSS	2102	Technique and Theory Course		2	KSS	2450	Adapted Physical Education		3
KSS	2400	Intro to Elementary School PE		2	KSS	2860	Teaching Health-Related Fitness		2
KSS	2440	Structural Kinesiology		3	PLS	1153G	American Government & Constitution		3
KSS	2850	Fitness for Life		3	EDF	2555G	Education in a Diverse Society		3
GEN	xxxx	Gen Ed Fine Arts		3	XXX	xxxx	Elective		3
EDP	2330	Educational Psychology		3					
				17					16

**Junior Year**

<i>Fall Semester</i>				<i>SH</i>	<i>Spring Semester</i>				<i>SH</i>
KSS	2360	Technique and Theory Course		2	KSS	2220	Technique and Theory Course		2
KSS	4320	Org. Admin & Curriculum of PE		3	KSS	3400	Secondary PE Methods		4
KSS	xxxx	KSS Coaching Class		2	KSS	3401	Elementary PE Methods		4
XXX	xxxx	Foreign Language or Elective		3-4	KSS	4470	Assessment in K-12 PE		3
EDF	4550	Critical Focus on Education		3	XXX	xxxx	Foreign Language or Elective		3-4
				13-14					16-17

**Senior Year**

<i>Fall Semester</i>				<i>SH</i>	<i>Spring Semester</i>				<i>SH</i>
KSS	4340	Exercise Physiology		3	STG	4000	Multicultural/Disabilities Practicum		1
SED	3330	Instructional Tasks in the Sec School		4	STG	4001	Student Teaching		12
SED	4330	Literacy, Assessment, Differentiation		3					
EIU	4xxx	Senior Seminar		3					
XXX	xxxx	Elective		2-3					
				15-16					13

TOTAL: 120-124 credit hours

*This is a generic semester-by-semester guide to completing your degree requirements. Please consult your academic advisor to determine whether this plan meets your particular academic needs and interests.*

1. For a listing of General Education courses, see catalog.
2. Students must receive a "C" or better in all courses toward their degree.
3. Students can take either PLS 1153G or HIS 3600G.
4. See catalog for information regarding university approval to take teacher education courses.